



THE QUINOA, AN IMPORTANT "GRAIN" PLANT OF THE ANDES (*CHENOPODIUM QUINOA* WILLD.), S. P. I. No. 41340.

This is one of the most useful plants in the mountain regions of Peru and Bolivia, the extremely small seeds of the white variety being cooked with potatoes to make a staple dish among the lower classes. Dark-colored seeds are used almost entirely for making chicha, or native beer. Before using, it is necessary to wash the seeds thoroughly in order to eradicate a bitter flavor which they possess. The value of this plant in the United States lies in its possibilities as a breakfast food. (Photographed, natural size, by the Yale University-National Geographic Society Expedition; P17780CA.)